इनरुवा नगरपालिका

स्थानीय राजपत्र

भाग-२

इनरुवा नगरपालिका, सुनसरी

स्थानीय सरकार संचालन ऐन, २०७४ को दफा १०२ ले दिएको अधिकार प्रयोग गरी इनरुवा नगरपालिकाबाट सर्वसाधरणको जानकारीको लागि यो राजपत्र प्रकाशन गरिएको छ ।

इनरुवा नगरपालिकामा स्वास्थ्य संस्था दर्ता, अनुमति तथा नवीकरण सम्बन्धी निर्देशिका, २०८०

नगर कार्यपालिकाबाट स्वीकृत मितिः २०८०।०८।२२
प्रमाणीकरण मितिः २०८०।०८।२९ गते

Og?jf gu/kflnsfdf :jf:Yo ; +yf btf{ cgdlt tyf gjls/0f ;DaGwL lgb{Zsf, @)*)

k|tfjgfM

gkfnsf] ;|j wfg, :yfglo ; /sf/ ; #fng P0g, @)&$ / dGqL   kl/ifbaf6 :jls[t sfo{
lj:t[ls/0fdf pNn[lvt :yfglo txn]cfdgful/snf0{;j{he / u0f:t/lo :jf:Yo ;]f kbfg
ugkg[lhDdd]f/L jxg ug[kbfhgsf nflu ;/sf/L, lghL, ;fdbflos, u};/sf/L jf ;xsf/L
:t/df :yfkgf xg] :jf:Yo ;]f lj:tf/, :t/j[4, :jf:Yo ;]f ;#fng cgdlt kbfg ug[
klqmofnf0{;/n, ;xh, Jojl:yt tyf k|efjsf/L agf0{o; Og?jf gu/kflnsf If[q leq :jf:Yo
;]f ;#fng ug{jf~5glo ePsfn]

Og?jf gu/kflnsfn]of] lgb{Zsf agfPsf5 .

kl/R5]b !
kf/IDes

!= ;H|kfIt gfd / kf/DeM -!_ o; b:tfjhsf]gfd æ Og?jf gu/kflnsfdf :jf:Yo ; +yf btf{
   cgdlt tyf gjls/0f ;DaGwL lgb{Zsf, @)*)Æ /x[f]5 .

@= kl/efiffM ljifo jf k|;Ën]csf{cy{gnufdf o; lgb{Zsfdf M-

   -s_ æcglUdg ;ldltÆ eGgfn] Og?jf gu/kflnsfn] u7g ug[cg';'rl ! adflhdsf]
      ;ldlt ;Demg' k5{.

   -v_ æcgdlt kbfg ug[lgsfoÆ eGgfn]bkmf # df pNnlvt Og?jf gu/kflnsf, gu/
      sfo{kflnsfsf] sfof{no ;Demg' k5{.

   -u_ ædGqfnoÆ eGgfn]gkfn ;/sf/, :jf:Yo tyf hg;Vof dGqfno ;Demg' k5{.

   -3_ ækfb[ls :jf:Yo ; +rgfÆ eGgfn]kb{df /xg] :jf:Yo If[q xg] ;fdflhs ljsf;
      dGqfno tyf ljefu, dxfzfvf ;Demg' k5{.

   -a_ æc:tfnÆ eGgfn] :jf:Yo ;]f kbfg ug{p2[on]klnt sfg0g adflhd ; +yflkt
      ;/sf/L c:tfn, lghL c:tfn, gl;{É xfd, ;fdbflos c:tfn, u};/sf/L c:tfn
      jf ;xsf/L c:tfn ;Demg' k5{.

   -r_ æcfojlb{ c:tfnÆ eGgfn]cfojlb{ lrlsT;f k4ltdf cfwfl/t e0f{:jf:Yo ;]f kbfg
      ug{:jf:Yo +yf ;Demg' k5{/ ;f]zAbn]cfojlb{ lrlsT;f k4ltaf6 pkrf/ ug{
      u/L ; ~rfng ul/Psf gl;{É xfd, kfhL lSnlgs, k~rsd{c:tfn ;dtnf0{hgfpB
      .

   -5_ æu};/sf/L c:tfnÆ eGgfn]dgfkmf/lxt p2[on]:jf:Yo ;]f kbfg ug{kbfhgsf
      nflu k|lnt sfg0g adflhd btf{e0f{:jf:Yo ;]f ;~rfng ug{cgdlt kfKt
      c:tfn ;Demg' k5{.

   -h_ æ8f0Ugf]:6Ls ;]6/Æ eGgfn]lgbfgflTds ;]jx? h:t} kfYfuzfnf ;]f, /]8of]0f[h[a
      h:tf ;]jx? kbfg ug{sfg[B adflhd btf{e0f{:jf:Yo ;]f ; +rfng ug[; +yfnf0{
      ;Demg' k5{.

-em_ ælghL c:ktfn jf gl;Ë xfÖÆ eÖgfn] :jf:Yo ;]jf kÖfg ug{ p2Ön] krLnt sDkgL sfgög adfÖhd :yfkgf eÖ{ cgÖdlt kÖfg ugÖ lgsfoaf6 :jf:Yo ;]jf ;~rfng ug{cgÖdlt kfÖt lghL c:ktfn jf gl;Ë xfÖ ;Öemgk5{.

-`_ ækfÖhL lSnlgsÆ eÖgfn]krLnt sfgög adfÖhd btf{eÖ{Ps};Öyfaf6 slDtdf kfÖ j6f ;]jf h:t}alx/Ë ;]jf, kÖfÖzfnf, /Ö8of]Öd]hÖ, lkmÖhofÖYÖfkL, kl/jf/ lgofÖhg, vfÖ ;]jf cflb h:tf ax' ;]jf pknAw u/fpg] Öyfnf0{;Öemg' k5{.

-6_ æsG; N6Ö6Æ eÖgfn] ;DalGwt laifodf dfÖotf kÖfÖt lzÖf0f ;Öyfaf6 :gftsfÖ/ pkflw l8ulÖ jf l8KnfÖdf kÖfÖt u/Ösf jf tfÖSP adfÖhdsf ljzÖf1 tfnld kÖfÖt u/L ;DalGwt sfpÖG;ndf btf{ePsf ljzÖf1 lrlsT;s ;Öemg' k5{.

-7_ æ;/sf/L c:ktfnÆ eÖgfn] gÖkfn ;/sf/sf] kÖf{jf cfÖzs :jfldTj /xg] u/L ;jÖlgs lxtsf nflu :yfkgf ePsf jf xg]:jf:Yo ;]jf kÖfos c:ktfn ;Öemgk5{. :ki6Ls/0f M o; v08sf kÖfÖhgsf nflu æcfÖzs :jfldTjÆ eÖgfn] gÖkfn ;/sf/]sDtldf PsfpGg kltzt nufgLnf0{;Öemgk5{.

-8_ æ;xsf/L c:ktfnÆ eÖgfn] ;xsf/Lsf]l;4fÖt adfÖhd ;b:o ;Ötnf0{:jf:Yo ;]jf lbg] p2Ön] ;xsf/L PÖg, @)$* adfÖhd btf{ eÖ{ Og?jf gu/kflnsf gu/ sfofÖlnsfsf] sfofÖojf6 :jf:Yo ;]jf ;~rfng ug{ cgÖdlt kfÖt c:ktfn ;Öemgk5{.

-9_ æ;fdbflos c:ktfnÆ eÖgfn] ;DalGwt ;/sf/L lgsfodf ;Öyf btf{eÖ{;fdbflos nufgL / Joj :yfkgdf ;~rfng xg]u/L dÖfkm/Ölxt p2Ö ln0{Og?jf gu/kflnsf gu/ sfofÖlnsfsf] sfofÖoaf6 :jf:Yo ;]jf ;~rfng ug{ cgÖdlt kfÖt c:ktfn ;Öemgk5{.

-0f_ æ:jf:Yo lSnlgsÆ eÖgfn] sÖ}klg JolÖmnf0{:jf:Yo ;DaGwL hfÖ ugÖ pkrf/ ;DaGwL cfjZos k/fdz{ Ps :yfaf6 kfÖj6f eÖbf sd ;]jf h:t}alx/Ë ;]jf, kÖfÖzfnf, /Ö8of]Öd]hÖ, lkmÖhofÖYÖfkL, vfÖ ;]jf, kl/jf/ lgofÖhg h:tf ;]jf pknAw u/fpgsf nflu krLnt sfgög adfÖhd btf{ePsf ;Öyfnf0{;Öemg' k5{ / ;]]zÖAbn]lghL lSnlgs, cfoÖjÖ tyf j}slNks lrlsT;f ;]jf ;Öemgk5{hgfpÖ5 .

-t_ æ:jf:Yo ;ÖyfÆ eÖgfn]krLnt sfgög adfÖhd btf{eÖ{Og?jf gu/kflnsf gu/ sfofÖlnsfsf] sfofÖoaf6 :jf:Yo ;]jf ;~rfng ug{cgÖdlt kfÖt c:ktfn, lghL lSnlgs, :jf:Yo lSnlgs, kÖfÖzfnf h:tf ;]jfx? ;~rfng ug];Öyf ;Öemgk5{ / ;ÖÖAbn]cfoÖj c:ktfn ;dtnf0{hgfpÖ5 .

-y_ ";Öyf btf{ugÖÖlgsfo" eÖgfn]o; lgbÖzsf adfÖhd :jf:Yo ;]jf ;FÖfng cgÖdlt lng'kÖ{krLnt sfgög adfÖhd :jf:Yo ;Öyf btf{ugÖÖlgsfo ;Öemgk5{.

-b_ æuÖ};/sf/L c:ktfnÆ eÖgfn]dÖfkm/ /lxt p2Ön]:jf:Yo ;]jf kÖfg ug{kÖfÖhgsf] nflu krLnt sfgög adfÖhd btf{e)0g?jf gu/kflnsf gu/ sfofÖlnsfsf] sfofÖoaf6 :jf:Yo ;]jf ;~rfng ug{cgÖdlt kfÖt c:ktfn ;Öemg' k5{.

-w_ æejg ;Öxtf}Æ eÖgfn]ejg PÖg, @)%% sf]bkmf # sf]pkbkmf -@_ adfÖhd gÖfg ;/sf/af6 :jLsÖt /fli6Ö ejg ;Öxtf} ;Öemg' k5{.

-g_ æejg lgdfÖf dfkb08Æ eÖgfn]ejg lgdfÖf ;DalGwt dfkb08, @)^$* df pNnÖvt dfkb08 ;Öemg k5{/ ;]]zÖAbn]:jf:Yo ;DalGwt ejgsf]nflu 5§}dfkb08 gePsf] :yfgsf]xsdf cg';ÖL-@_ df pNnÖvt ejg lgdfÖf dfkb08 ;dtnf0{hgfpÖ5 .

kl/R5\] @
:jf:Yo ;\]f ;~rfng cgdlt klqmof

#= :jf:Yo ;\]f ;~rfng ug{cgdlt kbfg ug{lgsfox? M

-!_ b\]fo adflhdsf :jf:Yo ;:yfsf];yfkgf, ;\]f lj:tf/ jf :t/f]Qglt ug{b\]fosf lgsfon] cgdlt lbg ; Sg5 M-

-s_ :jf:Yo lSnlgs tyf kGw|zbf ;Ddsf hg/n c:ktfnsf nflu 0g?jf gu/kflnsf gu/ sfoflnsfsf] sfoffnosf] lg0f6 cg';f/ .

-v_ cfoj\] tyf cGo j;lNks lrlsT;f Ehhh ;DalGwt :jf:Yo ;:yfx?sf xsdf cfoj\] lSnlgs, ;f\]f l/Ukf cfDrl_ lSnlgs , xf\]doflofyL lSnlgs, o:t} k\$f/sf cGo lSnlgsx? tyf bz z\]f ;Ddsf c:ktfnsf nflu 0g?jf gu/kflnsf gu/ sfoflnsfsf] sfoffnosf] lg0f6 cg';f/ .

-u_ lkmlhofy\]/fkL s\]b| kg{yfkgf s\]b\]dgf] fdflhs_, kf\[ts pkrf/ s\]b| cska^r/, cska^/ s\]b| o9gl pkrf/ s\]b| ofu Wofg tyf zf/ll/s Jofofd s\]b| k/dk/ut ;\]f lSnlgs / o:t} k\$f/sf pGo lSnlgs tyf ;\]f s\]bx? 0g?jf gu/kflnsf gu/ sfoflnsfsf] sfoffnosf] lg0f6 cg';f/ .

-3_ h\]/ofl6s\] k/fdz{ s\]b| 0g?jf gu/kflnsf gu/ sfoflnsfsf] sfoffnosf] lg0f6 cg';f/ .

-a_ x8E / x0f\] ju\$f] kofl\]uzfnf 0g?jf gu/kflnsf gu/ sfoflnsfsf] sfoffnosf] lg0f6 cg';f/ .

-r_ kGw|zbf blV dflysf c:ktfnx? / ljz\]f1 c:ktfn btf{ ugf\$f] nflu 0g?jf gu/kflnsf gu/ sfoflnsfsf] sfoffnosf] l;kmfl/;df ;DalGwt kfblws :jf:Yo lgsfofc .

-5_ 0g?jf gu/kflnsf gu/ sfoflnsfsf] sfoffnodf :jf:Yo ;:yf btf{jf :t/f]Qgtl eP kl5 ;\$f]ljj/0f tfl\]sPsf] 9fFfdf kfblws :jf:Yo ;,~gfnf0{lbg' kg\]5 .

$= k\]fwf/ lgdflf dg;fo kqsf nflu lgj\]bg lbg' kg\]M

-!_ o; lgbl\]zsf adflhd :jf:Yo ;:yfsf];yfkgf, :jf:Yo ;\]f lj:tf/ jf :t/f]Qglt u/l :jf:Yo ;\]f ;~rfng ug{0R5's :jf:Yo ;::yfn] cfjZos k\]fwf/ lgdflf ug{kof\]hgsf nflu cg'; cL # adflhdsf 9fFfdf dg;fo kqsf nflu lgj\]bg lbg' kg5 .

-@_ pkbkmf -!_ adflhd lgj\]bg kflt x\g cfPdf cgdlt kbfg ug{lgsfon]lgj\]bg kflt ePsf] kGw|sfolbg leq b\]fosf ljj/0fx? k/LIf0f ug{kfblws nflu cgudg ;ldlt v6fpg ; Sg5 M-

-s_ k|tflj t :jf:Yo ;:yf]Jofj;flos sf{of{hgf,
-v_ k|tflj t :jf:Yo ;:yf /xg]yfgsf]pkoQmtf / hlufsf]kofKttf,
-u_ kf\]lDes jftf/0flo k/LIf0f jf jttj/0flo k\]fj dNofÍg kl|tj\]bg,
-3_ k|tflj t :jf:Yo ;:yfn];\]f k\$ofpg]lji, ;flq\$sf]hg; Wof÷hg3gTj,

-a_ k|tfljt :jf:Yo ;+yfn];]f k¥ofpg] Ifqdf cÉo c:ktfnx?sf]cjl:ylt /
k|tfljt c:ktfnn]k¥ofpg]yk ofubfg,

-#_ cgUdg ;ldltn] pkbkmf -@_ df pÍNnlvt ljifox?sf] ljZn]jf0f u/L :ki6 /fo
;lxtsf k||tjÖbg tl; sfo{lbgleq cgUdt kbfg ug{lgsfo ;dIf k‡ ug‡kg5 .

-$_ pkbkmf -#_ adflhdsf]k||tjÖbg k¥ft ePkl5 ;f]k||tjÖbgsf]cfwf/df k‡fwf/ lgdfÖfsf
nflu cgUdt lbg pkoOm xg] bÖvPdf k||tjÖbg k¥ft ePsf] ;ldltn] kÖw| sfo{lbgleq
0g?jf gu/kflnsf gu/ sfoÖflnsfsf] sfofÖon] a9ldf tlg jif{Ddsf] ;dofjlw lb0{
k¥fwf/ lgdfÖfsf nflu lgjÖsnf0{dg;fokq (Letter of Intent) kÖfgug{;Sg5 .

-%_ pkbkmf -$_ adflhdsf]cjlwleq dgfl;j sf/0f k/L k¥fwf/ lgdfÖf ug{g;‡sf]
egL ;dofjlw yksf nflu ;DalÖwt c:ktfn jf :jf:Yo ;+yfn]cg‡fll u/ÖÖf 0g?jf
gu/kflnsf gu/ sfoÖflnsfsf] sfofÖon] To:tf c:ktfnnf0{a9ldf b0{jifÖfdf ga9g]
u/L k¥fwf/ lgdfÖfsf nflu ;dofjlw yk ug{;Sg5 .

%= ; ~rfng cgUdt lbg ;lsg[

-!_ bkmf $ adflhd k¥fwf/ lgdfÖf sfo{;DkÉg eP kl5 ;f] k¥fwf/ tof/ ePsf]Joxf/f
;lxt ;DalÖwt :jf:Yo ;+yfn]]jf ; ~rfng ug{cfjZos sfuhtx? ;+nÖg u/L
cg‡lrL $ adflhdsf]9fÖfdf 0g?jf gu/kflnsf gu/sfoÖflnsfsf]sfofÖo ;dIf lgjÖg
lbg ;Sg5 .

t/ :jf:Yo lSnlgs, tyf cÖo lSnlgs :yfkgf tyf ; ~rfng cgUdtsf nflu cg‡lrL
% adflhd 9fÖfdf lgjÖg lbgkg5 .

-@_ pkbkmf -!_ adflhd lgjÖg kÖft xg cfPdf 0g?jf gu/kflnsf gu/ sfoÖflnsfsf]
sfofÖon]lgjÖg kÖft u/Ösf]ldltn];ft lbg leq cgUdg ;ldlt v6fpg' kg[5 .

-#_ pkbkmf -@_ adflhd v6fPsf]cgUdt ;ldltn]kÖw| sfo{lbg leq :ynut lg/LIf0f
u/L :jf:Yo ; ~rfng ug{cgUdt kÖfg ug{pko‡tm eP gePsf]/fo ;lxtsf k||tjÖbg
0g?jf gu/kflnsf gu/ sfoÖflnsfsf]sfofÖo ;dIf k‡ ug{kg5 .

-$_ pkbkmf -#_ adflhd cgUdg ;ldltsf]k||tjÖbgsf]cfwf/ / o; lgbÖsfdf pÍNnlvt
cÖo dfkb08 k¥f u/Öf :jf:Yo ;+yfnf0{0g?jf gu/kflnsf gu/ sfoÖflnsfsf]sfofÖon]
kfÖ jfÖf nflu :jf:Yo ; ~rfng ug{cgUdt lbg ;Sg5 .

-%_ o; bkmf adflhd :jf:Yo ;+yfnf0{:jf:Yo ; ~rfng ug{cgUdt lbg] glbg]
;DaÖwdf pkbkmf -#_ adflhd cgUdg ;ldltsf]k||tjÖbg k¥ft ePsf]ldltn];ft sfo{lbg
leq lg0fo u/L ;Sgkg5 / ;f¥sf] hfgsf/L ;DaÖwt ;+yfnf0{lbgkg5 .

-^_ of] lgbÖsf kf/De xÖfsf avt ;+yf btf{ ug{lgsfodf btf{ ePsf] t/ bkmf -%_
adflhd cgUdtsf nflu lgjÖg glb0{; ~rfng ul//x[sf :jf:Yo संस्थाहरुलाई cg'lrL – ^
df pNn‡j eP adflhdsf] b:t¥sf] cltl/tm tlg u0ff a9L b:t‡ ln0{Ps k6ssf] nflu
lgbÖsf adflhdsf]k¥bf k¥f u/L ; ~rfng cgUdt lbg ;lsg] 5 .

-&_ of] lgbÖsf kf/De xÖfsf avt ;+yf btf{ ug{lgsfodf btf{e0{ cgUdtsf] nflu
lgjÖg lbPsf :jf:Yo ;+yfn] cg'lrL –^ df pNn‡j eP adflhdsf] b:t¥sf] cltl/tm दुई

u0ff a9L b:t' aÕmPdf Ps k6ssf]nflu lgblzsf adfÕhdsf]ks)of k'/f u/L ;~rfng cgdlt lbg ;lsg5 .

-*_ pkbkmf -@_ -#_ / -%_ adfÕhd tfÕsPsf]Dofb leq cgdlt kÕfg ug{lgsfo jf cgudg ;ldltn]sfo{;DkGg gu/Ôdf cgdltsf nflu lgjÔbg lbg];jf:Yo ;#yfn]Ps tx dfÕyNnf]lgsfodf ph/' ug{;Õg]5 . o;/L kÕft ePsf]ph/L ;DaGwdf ;DalGwt dfÕyNnf]lgsfon]pkbkmf -@_, -#_ / -%_ df tfÕsPsf]Dofbdf ga9Õg] u/L zl3|cgudgsf]Joj:yf ldnfpÔg] u/L cgdltsf]Joj:yf ul/lbg ;Õg5 .

^= yk ;]Jf lj:tf/ ug{jf zfvf :yfkgf ug{cgdlt lng' kg{M

:jf:Yo ;#yfn]cfÕmn];Jf ;~rfng ug{cgdlt kfPsf ;]fsf]clttl/Qm yk ;]Jf lj:tf/ ug{jf zfvf :yfkgf u/L ;]Jf ;~rfng ug{rfxÕdf 0g?jf gu/kflnsfn]gu/ sfokflnsfsf]lg0fÕf adfÕhd o; lgblzsf adfÕhdsf ks)of k'/f u/L cgdlt kÕft ugÕkg5 .

&= kgM cgdlt kÕft ug{lgjÔbg lbg' kg{M

-!_ of]lgblzsf kf/De xÕsf avt ;~rfng :jLs[t lnPsf :jf:Yo ;#yfo o; lgblzsf adfÕhd tfÕsPsf]kÕfÕf/ tyf dfkb08 sfof{jog kÕfÕgsf nflu of]lgblzsf kf/De eP kl5 tfÕsPsf]cjlweleq kÕfÕf/ tof/L ofÕgf -ejg kÕls/0f jf goF lgdfÕf ofÕgf_ ;lxt 0g?jf gu/kflnsf gu/ sfokflnsfsf]sfofÔdf ;ldf lgjÔbg lbgkg5 .

-@_ pkbkmf -!_ adfÕhd lgjÔbg kÕft xÕ cfPdf 0g?jf gu/kflnsf gu/ sfokflnsfsf]sfofÔnoÕTo:tf :jf:Yo ;#yfnf0{o; lgblzsf adfÕhd tfÕsf]kÕfÕf/ k'/f ug]sf nflu tlg jif{/ dfkb08 sfod ug]sf nflu Ps aifÕf] ;dofljw lbg ;Õg5 .

-#_ pkbkmf -@_ adfÕhd ;dofljw yk ePsf :jf:Yo ;#yfn k]f]5 5÷5 dlxgfdf k'Õlt kÕtjÕbg 0g?jf gu/kflnsf gu/ sfokflnsfsf]sfofÔno ;ldf kÕ ug{kg5 .

-$_ kÕlns/0f xg] c:ktfn jf goÕ lgdfÕf ug{cgdlt ln0{ ;ljssf]ejgaf6 ;]Jf lb0{x?sf :jf:Yo ;#yfn] lgdfÕf cjlwe/sf nflu ejgsf] sf/0f jf c:ktfnsf] cfÕhf/ pks/0fn] xg ;Õg] b36gfsf]nflu z0Õf Ifdtf a/fa/sf ;Õofdf kÕ JolÕm एक लाख ?kÕf a/fa/sf 5 ;fdlxs b36gf aldfsf]Joj:yf ug{kg5 .

-%_ o; bkÕf adfÕhdsf ks)of k'/f u/]sf :jf:Yo ;#yfnf0{bkÕf % adfÕhd :jf:Yo ;#yf ;~rfng ug{cgdlt kÕfg ul/g5 .

-^_ o; bkÕf adfÕhd cgdltsf nflu lgjÔbg glbg] lgjÔbg lbP kln cgmlt gkfpg]jf lgwfÕ/t calw leq kÕfÕf/ jf dfkb08 sfod gugÕ :jf:Yosf]cgdlt 0g?jf gu/kflnsf gu/sfokflnsfsf]sfofÔno]/bb ug5 .

*= cgmlt b:t'/ aÕmfpg' kgÕM

:jf:Yosf] :yfkgf, ;]Jf lj:tf/ jf :t/f0glt ug{cgdlt kÕft ePdf ;DalGwt :jf:Yo ;#yfn]cg';'rL ^ df pNn]v eP adfÕhdsf]cgdlt b:t'/ 0g?jf gu/kflnsf gu/sfokflnsfsf]sfofÔnonf0{aÕmfpg' kg5 .

(= gjls/0f   u/fpg' kg¶

-!_ o; lgb{zsf adfⓘhd :jf:Yo ;]f ;~rfng ug{cgdlt kfⓘt :jf:Yo ; ≠yfn];]f ;~rfng cgdltsf]cjlw ; dfⓘt xg]ldlt leq 0g?jf gu/kflnsf gu/sfoⓘlnsfsf] sfof⓿o ; dIf gjls/0f sf nflu lgjbg lbgkg⓶ . 0g?jf gu/kflnsf gu/ sfoⓘlnsfsf] sfof⓿on]cgdltsf]cjlw ; dfⓘt ePsf]ldltn] tlg dlxgf leq cfjZos hf⓲f⓲m ul/ gljsf/0f ug{kg⓶ .

-@_ pkbkⓘf -!_ adfⓘhd lgjⓑg kⓘt ePdf 0g?jf gu/kflnsf gu/ sfoⓘlnsfsf] sfof⓿on] cg';ⓘl ^ df pNn⓿ eP adfⓘhdsf] b:t⓵ ln0{ tlg jifsf nflu :jf:Yo ; ≠yfnf0{;]f ;~rfng cgdltsf]gjls/0f   ul/lbg ; Sg⓶ . t/ of]lgb{zsf kⓘ/De xg' cl3 :jf:Yo ; ≠yf ;~rfng ug{cgdlt kfPsf] :jf:Yo ; ≠yfsf]xsdf To:tf] :Jff:Yo ; ≠yfn]o; lgb{zsf adfⓘhd tf⓲sPsf]dfkb08 tyf kⓘjⓘf/ sfod gu/]Dd tlg aiffⓘf ga9f0{kⓘlo⓶ Ps aif⓲sf nflu cgdlt gjls/0f   ul/ lbg' ; Sg⓶ .

-#_ pkbkⓘf -!_ adfⓘhdsf cjlw leq dgfl;a sf/0f k/L lgjⓑg kⓐ ug{g;s⓲sf]egl sf/0f vhf0{yk tlg dlxgfleq lgjⓑg kⓐ u/df bf⓲a/ gjls/0f b:t⓵ ln0{0g?jf gu/kflnsf gu/ sfoⓘlnsfsf] sfof⓿on] ;]f ;~rfng cgdlt gjls/0f ul/ lbg ; Sg⓶ .

-$_ pkbkⓘf -@_ jf -#_ adfⓘhdsf]cjlwleq gjls/0f sf nflu lgjⓑg kⓐ gug{:jf:Yo ; ≠yfsf];]f ;~rfng cgdltkq :jtM vf⓲⓲ xg⓶ / ;f]sf] hfgsf/L kⓑl⓿s :jf:Yo ; ⓔgfdf ; dt lbg' kg⓶ .

-%_ pkbkⓘf -$_ df hg; ⓦsⓦ'/f pNn⓿ ul/Psf] ePtf klg of] pkbkⓘf kfⓘ/De xⓦfsf avt⓲Dd cgdlt gjls/0f   gu/⓿f :jf:Yo ; ≠yfn]tfⓘsPsf] ;doleq cgdltsf nflu lgjⓑg lbPdf cg';ⓘl -^ df pNn⓿ eP adfⓘhdsf] b:t⓵sf] cltl/tm दुई u0ff a9L gjls/0f b:t⓵ ln0{Ps k6ssf]nflu lgb{zsf adfⓘhdsf]kⓐof k/f u/L To:tf]cgdlt gjls/0f ul/lbg ; lsg⓶ .

-^_ pkbkⓘf -%_ adfⓘhd gjls/0f gu0{:jf:Yo ; ≠yfx? :jt vf⓲⓲ xg⓶⓶। .

!)= u0f:t/ tyf dfkb08 cgudg ;DaGⓦL Joj:yfM

-!_ :jf:Yo ; ≠yfn] cfkⓦf] kⓑfg u/⓲f ;]fx?sf] o; lgb{zsfdf pNnlvt dfkb08 adfⓘhdsf]u0f:t/ eP gePsf];DaGwdf kⓩo⓶ aif{k/LIf0f -:jⓙMofsg\ u/f0{; f]sf] klⓘtjⓑg cfly⓶ jif{ ; dfⓘt ePsf] ldltn] tlg dlxgfleq 0g?jf gu/kflnsf gu/sfoⓘlnsfsf] sfof⓿o ; dIf clgjfo{?kdf kⓐ ug{kg⓶ .

-@_ pkbkⓘf -!_ adfⓘhd tfⓘsPsf]cjlwleq kⓩtjⓑg kⓐ gug{:jf:Yo ; ≠yfnf0{;f] kⓩtjⓑg kⓐ ug{0g?jf gu/kflnsf gu/sfoⓘlnsfsf] sfof⓿on]lgb{zg lbg ; Sg⓶ .

-#_ pkbkⓘf -!_ df hg; ⓦsⓦ'/f nⓙVPsf]eP tfklg 0g?jf gu/kflnsf gu/ sfoⓘlnsfsf] sfof⓿o, kⓑl⓿s :jf:Yo ; ⓔgf / dⓟqfnonn] cfjZostf cg'; f/ hfⓘvd, efⓙⓘlns cjl:ylt, la/fdlsf] rfk, zNolqmofsf] ;ⓦof, ljⓛlo nufglsf cfwf/df gdⓣf 5gf⓶ u/L :jf:Yo ; ≠yfn]kⓑfg u/⓲f];]fsf]u0f:t/ tyf o; lgb{zsfsf]dfkb08 k/f u/]gu/⓲f]; DaGwdf lg/LIf0f tyf cgudg ug{jf u/fpg ; Sg⓶ .

-$_ o; Igbl[zsfdf cGoq hg;S}/f n]vPsf eP tfklg kfbl[zs :jf:Yo ;Argf tyf dGqfnon]hg;S}lgsfoaf6 ;]f ;~rfng cgdlt kflt u/]sf] c:ktfn jf :jf:Yo ; +yf / 0g?jf gu/kflnsf gu/ sfolfnsfsf] sofhon]; dt cgUdg ug{; Sg5 .

-%_ pkbkmf #_ jf -$_ adflhd lgoldt jf cfsl:ds cgUdg ubf{tflsPsf u0f:t/ jf kjfwf/ k/f gu/L ;]f ;~rfng u/]sf] kf0Pdf To:tf ; +yfnf0{ tTsfn ;Wf/sf nflu a9ldf tlg dlxgfsf]Dofb lb0{;Wf/sf dffsf lbg ; ksg5 .

-^_ o; bkmf adflhd lg/LIf0f tyf cgUdgsf qmddf lbPsf] lgbl[zg kfngf gug{; o; lgbl[zsf adflhdsf u0f:t/ tyf kjfwf/ dfkb08 k/f gug{]jf u0f:t/ k/LIf0fsf]jfllf{ kl|tjbg kZ gug{:jf:Yo ; +yfnf0{0g?jf gu/kflnsf gu/sfokflnsfsf]sofhon]To:tf :jf:Yo ; +yfn]kbfg ul/ cfPsf];jf k0f{jf cflzs ?kdf tTsfn aGb ug{cfbz lbg ; Sg5 .

-&_ pkbkmf -^_ adflhd :jf:Yo ; +yfnf0{ sf/afxL ug{k]j{; DalGwt :jf:Yo ; +yfnf0{ dgfl;a dflkmssf];kmf0 kZ ug{dffsf lbgkg5 .

-*_ o; Igbl[zsfdf cGoq hg;S s/f n]vPsf eP tfklg cGo kflnt sfgbf adflhd ul/g] cgUdgnf0{यो Joj:yfn];lldt ug{[5g .

-(_ :jf:Yo ; +jf ;~rfng ; DaGwL cgdlt lng]klqmof kf/De gu/sf :jf:Yo ; +yfdf sg}klg lrsT;s, g;{ jf :jf:YosdLn]lSnlgsn kflS6; ug{kfpg] 5g . sg}lrlsT;s, g;{ jf :jf:YosdLn]To:tf];jfdf lSnlgsn kflS6; u/df lghnf0{sf/jflsf] nflu ; DalGwt kl/ifbdf n]vL k7f0g] 5 .

!!= Igjlbg lbg ; Sg]

-!_ bkmf !) sf] pkbkmf -&_ adflhd lbPsf] cfbz jf cgUdg ; Dlltn] o; Igbl[zsf adफजिम पेश गरेको अनुगमन प्रतिवेदन उपर चित्त नबुझ्ने स्वास्थ्य संस्थाले त्यस्तो प्रतिवेदन पेश भएको मितिले १५ दिन भित्र चित्त नबुझ्नुको स्पष्ट आधार र कारण सहित पुनरावलोकनको लागि kflb[zs :jf:Yo ;Argf ; dfg Igjlbg lbg ; Sg5 .

-@_ pkbkmf -!_ adflhd kflt ePsf]Igjlbg pk/ cgdlt kbfg ug{lgsfosf]kl|ts[f ;dt ln0{kflb[zs :jf:Yo ;Argfn]5fgljg u/L oyfzL3|lg0f{ ug5 / ;f] ; DaGwdf kflb[zs :jf:Yo ;Argfn]u/]sf]lg0f{ clGtd xg5 .

!@= :jf:Yo ; +yf uflelO{;jf ; ~rfng ug{; Sg]

:jf:Yo ;]nfO{u0f:t/Lo, kefjsf/L tyf ;ljwfOdu agfpg ; ~rfngdf /x]sf Ps eGbf j9L :jf:Yo ; +yfx? Ps cfk;df uflelO{;jf ;~rfng ug{rfxdf ; +yf ;~rfng ug{0g?jf gu/kflnsf gu/sfokflnsfsf]sofhon; dt To:tf :jf:Yo ;]yfx?n] ; +Odu ?kdf Igjlbg lbg ; Sg5g\. Igjlbg kflt eP kZrft tfl[sPsf]klqmof k/f u/L cgdlt lb0{g5 ।

!#= cgdlt vf/]hL tyf sf/jfxL ; DalGwt Aoj:yfM

-!_ o; Igbl[zsfdf cGoq hg;S s}s/f n]vPsf] ePtf klg 0g?jf gu/kflnsf gu/ sfokflnsfsf]sofhon]:jf:Yo ; +yf ;~rfng ; DaGwL cgdlt lng jf cgdlt gjls/0f ug]f]nflu Ps k6ssf]nflu IglZrt ; do cjlw lb0{;jf lgs ; Rgf k/fn gug{SgSg5 .

-@_ pkbkmf -!_ adf]]hdsf]cjlwleq :jf:Yo ; +yf ;~rfng ;DaGwL cgdlt glng]:jf:Yo
; +yfsf]/ bkmf (sf]pkbkmf -%_ adf]]hdsf]cjlwleq cgdlt gjls/0f gug{:jf:Yo
; +yfsf]cgdlt :jtM vf/]h xg5 .

kl/R5]b
:jf:Yo ;]f ;~rfng tyf u0f:t/ ;DaGwL Joj:yf

!$= :jf:Yo ;]f ;~rfngM
-!_ o; lgb]{zsf adf]]hd cgdlt gln0{s;h]klg :jf:Yo ;]f ;~rfng ug{kf0g]
छन्).
-@_ s;h]o; lgb]{zsf adf]]hd cgdlt gln0{:jf:Yo ;]f ;~rfng u/]f]kf0Pdf ;f]
sfo{/f]g tyf To:tf]:jf:Yo ; +yf cfjZos sfg]L sf/jfxLsf]nflu ug{ dGqfno dfkm{t
jf ; f]em] ;DalGwt lhNnf kbf{;g sfof]hodf nVl k7fpg5 / To:tf ; +ysf ;~rfns
eljiodf :jf:Yo ; +yf ;~rfng cgdlt kbfg gug{u/L clenV ; dt /flvg5 .
-#_ :jf:Yo ; +yfn]cfkmgf]p2Zo / lfdtf cg';f/ 0g?jf gu/klnsf gu/ sfo{klnsfsf]
sfof]noaf6 cgdlt ln0{bxfosf]fsf];dlrt Joj:Yff u/L :jf:Yo ;]f ;~rfng ug{
; Sg5M-
        -s_ cfsl:ds ;]f,
        -v_ alx/ +;]f,
        -u_ cGt/ +;]f,
        -3_ lgbfgfTds ;]f -kof]uzfnf, /]8of]0f]]h^a cflb_,
        -^a_ zNolqmof ;]f,
        -r_ ;3g pkrf/ ;]f,
        -5_ kqa4gfTds tyf klt/f]wfTds ;]f,
        -h_ ljz]if1 ;]f,
        -em_ kmfdl{; ;]f,
        -`_ /Qm ;~rf/ ;]f,
        -6_ lkmlhof]y/fkL ;]f,
        -7_ zju/ Joj:yf,
        -8_ c:ktfn Joj:yfkg,
        -9_ jftfj/0f Joj:yfkg,
        -0f_ :jf:Yo ; +yfaf6 lgisflzt kmf]x/dhf Joj:yfkg .

!%= u0f:t/ ;lglZrttf ;DaGwL dfkb08M
-!_ :jf:Yo ; +yfn] bkmf # adf]]hdsf :jf:Yo ;]f ;~rfng ubf{ bxfosf]u0f:t/sf]
;lglZrttf ug]f{ ;fy}bxfosf plNnvlt dfkb08x?sf];dt kfngf u/]f]xgkg5 M-
  -s_ alx/ +ljefudf cfpg la/fdLsf]rfksf cfwf/df la/fdL btf{ ljz]if1 k/fdz{
      lgbfgfTds ;]fx? / cf]fwL sIfdf l56f]5l/tf];]f lbg]Joj:yf ldnfpgkg5 .

-v_ :jf:Yo ; +yfdf g\kfn ; /sf/n\]gwf{/0f u\$gf] dfkb08 adf\]hd ; qmd0f lgoGqmf0f
(Infection Prevention) sf] Joj:yf x\gkg\5 / ; f\$sf] lgoldt / k\efjsf/L
cgudg ug{\kg\5 .

-u_ :jf:Yo ; +yfn]ljleGg 0\$f0af6 k\bfg ug\[:jf:Yo ;]fx? :t/lo ?kdf ; ~rfng
ug{sfo{~rfng lgb\[Zsf (Standard Operating Manual) tof/ u/L nfuug{
kg\5 .

-3_ :jf:Yo ; +yfn] alx/Ë ;]f k\bfg ug\[lrlsT;sx? pknAw xg\];do tflnsf -
lbg / af/ vNg]u/L ; jh]bVg 7fp\df /flvPsf\]xg\kg\5 .

-a_ :jf:Yo ; +yfn] pknAw u/fpg] elgPsf] ljz\]f1 ;]f ; DalGwt laz\]f1
lrlsT;saf6 k\bfg ug\[Joj:yf ldnfpg\kg\5 .

-r_ la/fdln]cfkmh\] ;]f lng rfx\]sf\]lrlsT;saf6 ;]f lng kfpg]Joj:Yff ; lglZrt
ug{\kg\5 .

-5_ la/fdl jf la/dlsf]/\vb\]Vf ug\[JolOmf]f0{/flu / pkrf/ k\$ltaf/]]\ki6 hfgsf/L
lbg]Joj:yf xg\kg\5 .

-h_ c:tfn kl;/ / tyf ;]f lbg] slfx? lgoldt ?kdf ; kmf ; U3/ /flvPsf]
xg\kg\5 .

-em_ ; jh\]bVg] :yfgdf ph'/L k\]6sf /flvPsf\]xg\kg\5 .

-`_ hgugf;f] f] Joj:yfkgsf nflu ug\f;f] f] ; Gg] clwsf/L tf\$l hgugf;f] f] tyf kg{
cfPsf ph'/L ; dfwfg ug\[Joj:yf ldnfPsf\]xg\'kg\5 . ; fy}; dfwfg xg g;\Sg]
ePdf ; f] sf\]sf/0f ; DalGwt JolOmf0f{hfgsf/L u/fpgkg\5 .

-6_ la/fdln] ; +yfaf6 ;]f kf\kt ug{nflug] zNs, k\$bf tyf cjlw ; d\t vhfPsf]
la/fdl a8fkq (Patient Charter) c:tfndf gkfn ; /sf/n]cg'; rL & 9f\Ffdf
tof/ u/L ; a\]lbVg\u\L /fVgkg\5 / ; fVL cg?k ; jfsf\]; lglZrttf ug{\kg\5 .

-7_ c:tfndf cfpg] la/fdlnf0{cfjZos kg\[hfgsf/L u/fpg ; fVk5 jf ; xftf
slfsf]Joj:yf u/L ; fufxlnf0{cfjZos hfgsf/L lbg Joj:yf u/\fkg{\kg\5 .

-8_ ;]f k\bfos lrlsT;s tyf :jf:Yosdl{x?sf]; \/Iffsf nflu ljleGg ; ?jf /flu
lj?4sf vfk\tyf JolOmut ; \/Iff Joj:yf u/fPsf\]xg\kg\5 .

-9_ x/\\$:jf:Yo ; +yfdf sfo{t sd{rf/lx?sf];]f zt{; DalGwl ljlgod agfPsf]
xg\kg\5 .

-0f_ :jf:Yo ; +yfng\kfn ; /sf/af6 ; ~rflnt ;]f jf sfof\{md ; ~rfng ubf{gkfn
; /sf/n] tf\$sf\]kf\]fsfn\÷dfkb08÷lgb\[Zsf clgjfo\{?kdf kfngf u/\fkg{\kg\5 .

-t_ c:tfnn]rfal; }306f lrlsT;s tyf blf :jf:Yosdl\af6 cfsl:ds ;]f lbPsf\]
xg\'kg\5 .

-y_ c:tfndf /x\$sf\] cfsl:ds zof] lfdtfsf\] cfwf/df lrlsT;s tyf cGo
:jf:Yosdl\$fJoj:yf u/\$gkg\5 / ; f]sf\]ljj/0f cg'; rL * adf\]hdsf\]9f\Ffdf
; a\]lbVg] 7f\$df /flg' kg\5 .

-b_ cfsl:ds ljefujf6 la/fdL egf{ ug]{ l/km/ ug]{ la/fdLsf] /km/n k$bf / la/fdL ;fg]{ k4lt :ki6 kl/eflift ePsf] xgkg5 / ;f] sf] Joxf]f adf]hdsf] 9fFfdf ; ab] bVg] 7fFbf /fVg' kg5 .

-w_ c:ktfndf pkrf/sf nflu cfpg] ljk0g, c;xfo, aJfl/;] la/fdLsf nflu sh z]bfsf] bz kl|tzt z]f 56ff0f{ lgMZNs pkrf/ clgjfo{ ?kdf pknAw u/fpgkg5 .

-g_ v08 -w_ adf]hhd pknAw u/fPsf pkrf/ ;]fsf]clenV /fvL ;f$sf] kl|tj]bg 0g?jf gu/kflnsf gu/sfokflnsfsf]sfoffnodf lgoldt ?kdf k7fpg' kg5 .

-k_ c:ktfnx?df Holj7 gful/sx?, afnaflnsf tyf ckffttf ePsfnf0{ lj z] lsl;dsf ;ljwfsf Joj:yf xg kg{] cfjZos dfqfdf z]f 56ofpgg' kg5 .

-km_ :jf:Yo ;+:yf ;~rfng ul/g] ejg / cGo kl|ffl/ ejg ;ltf / ;DalGwt Ifg ejg lgdff0f ;DaGwL dfkb08 cg?k xgkg5 .

-a_ c:ktfnn] ljkb\Joj:yfkgsf] sfoffhgf agfPsf xg' kg5 . ;f] sfoffsf nflu ;Dks{JolQm tflsL ;f$sf]hfgsf/L 0g?jf gu/kflnsf gu/sfokflnsfsf]sfoffho / lhNnf ;dGjo ;ldtfdf lbg' kg5 .

-e_ c:ktfnn] ;+Fgf clwsf/L tf$gkg5 .

kl/R5]b $
c:ktfn ;DaGwL dfkb08x¿

<mark>!^=</mark> :jf:Yo ;+:yf ;+Fng dfkb08, @)&& adf]hd xgkg5 .

kl/R5]b %
dfgj ; +zfwg Joj:yfkg

!&= __hgzlQm ljsf; of}hgfM__ :jf:Yo ;+:yf ;+Fng dfkb08, @)&& adf]hd xgkg5 .

kl/R5]b ^
cfhf/ tyf pks/0fx?

!(= cfhf/ tyf pks/0f ;DaGwL Joj:yf :jf:Yo ;+:yf ;+Fng dfkb08, @)&& adf]hd xgkg5 .

kl/R5]b &
;]f ;DaGwL Joj:yf

@)=;]f ;DaGwL Joj:yf :jf:Yo ;+:yf ;+Fng dfkb08, @)&& adf]hd xg' kg5 .

@!= :jf:Yo ISnIgs÷cGo ISnIgs ; DaGwL dfkb08 tyf k]f[wf/x? M -!_ :jf:Yo ISnIgs÷kfhL ISnIgsdf :jf:Yo hfF ug{lrlsT;s sg}klg dfGotf kflKt lzIf0f ;+yfaf6 sDtldf klg MBBS jf ;]f] ;/xsf]lrlsT;f ;DaGwL pkflw kflKt u/L ;DalGwt sfplG;ndf btf{ ePsf]xgkg5 .

-@_ k/fdz{;]f lbg]JolOm :jf:Yo lj1fgdf kflf0fkq tx pQL0f{u/L k/fdz{;]f tfnld kflKt xgkg5 .

-#_ kfluzfnf tyf cflfwL pkrf/ ;]f ;~rfng ugk/]df 5§f5§};]f ;DaGwL lgwfl/t k]f[wf/ k/f ug{kg5 .

-$_ :jf:Yo ISnIgs÷cGo ISnIgsdf :jf:Yo ;]f ;~rfngsf nflu b]xfo adfhdsf cfjZos Gog td ef}lts ;ljwfx? xgkg5 M-

-s_ la/fdlsfhfF ug{ Ventilated jf AC sf]f ;]f cg';f/sf]5§5§}-sDtldf !$ ju{ld6/sf_ !
-v_ la/fdl a:g] 7fF -sg}7fpF_ !
-u_ la/fdl hfFg] 6ah !
-3_ lrlsT;ssf nflu 6ah !
-ª_ lrlsT;ssf nflu s;'l{ !
-r_ la/fdl a:g h !
-5_ zfrfnosf]oj:yf -ckfË dgL ;lxt_ @
-h_ 6]lnkmg, OG6/g]6 / web page
-em_ :jf:Yo IzIff ;DaGwL ;Fgfdhs kf6/ tyf cGo ;fdul|
-`_ :jR5 kfgLsf]cfkl't{
-6_ lg/Gt/ ljw't cfkl't{

-%_ ;]f / ljifo cg';f/sf cfjZos cfhf/ tyf pks/0fx?sf]Joj:yf ug{kg5 .

-^_ la/fdlsf];DK0f{ljj/0f /flVgsf]nflu sDKo6/ jf /lhi6/ ug{kg5 .

-&_ ISnIgsdf kfluxg] ;DK0f{cfhf/x?sf clgjfl{lgdfls;/0fsf]Joj:yf ug{kg5 .

-*_ ISnIgsdf sfd ug]{;DK0f{sd{rf/lsf]ofotfsf]kflf0fkqsf]kflf0ft klltlnkL ;fy} kfljlws sd{rf/lx?sf];DalGwt kl/ifbdf btf{ ePsf]kflf0fkqsf]kflf0ft klltlnkL /fVgkg5 .

-(_ ;]f zNs / cfos/ kflf0fkq ;ah]/b]g]7fpFdf /fVgkg5 .

-!)_ kflnsafaf6 tflsPsf]PslsRt :jf:Yo ;Fgf Joj:yfkg kflfnlsf]9fÍf cg';f/ lgoldt ?kdf dfl;s kfltj]bg kflnsfsf]sfof{nodf k7fpgkg5 .

@@= /[8ofhfhL jf 8fOÍgflii6s P08 0dÍha ;]f ;~rfngsf nflu cfjZos k]f[wf/ tyf zt{?M

-!_ o; lgb]lzsfsf]kflfgsf]nflu /[8ofhfhL jf 8fOÍgflii6s ;]f cGt/ut b]xfosf klljwx? ;dfj ul/Psf]5 M-

• X-ray (300 mA ;Dd)
• Ultrasonogram (USG)

-@_ pkbkmf -!_ df pNnV ul/Psfafx$f yk kljlwsf]nflu dfu ePdf kflnsfsf] l;kmfl/; df kflb]Zs :jf:Yo ; /rgfn]:jls[tl lbg5 .

-#_ /8ofhfhL 8foUgfli6s tyf 0dh
E ;jfaf6 kg[ljls/0fsf bf'kefjnf0{ sd ug$f nflu pQm ;Jf ;~rfng ug{cgdlt lbbf jf l;kmfl/;; ubf{lgDg dfkb08nf0{ cfwf/ dflgg5 M-

-S_ PS; /$f nfluM
-!_ Pp6f PS; /dl]; gsf nflu sDtldf @@% :Sjfo/ lkm6sf sf7f xgkg[.

-@_ PS; /] ug{sf7fsf **Wall Thickness**

    -S_ (0{r **With Plaster Of Paris** jf

    --V_ ^ **Inch with 20 mm lead barrier** jf

    -u_ @=) Pd Pd **lead thickness** xgkg[;fye nofn, 9f$f tyf leQfaf6 xg]ljls/0fsf rXfj6 xg g;Sgbu/l cfjZos Joj:yf ePsfxgkg[

-#_ **X-ray** ;jf kbfg ug]lolQmsf nflu PS; /$f7f leq)=% **mm** sf]Pkf$g tyf **radiation protective measures** sf Joj:yf xgkg[

-$_ **Radiology** df sfo{t sdfr/f/lx?sf nflu **radiation dose monitor** pknAw xgkb5 / ;do ;dodf **Radiation Survey Monitoring** ugkg[.

-%_ **Eye, Gonadal, Thyroid Gland** cflbsf **Protection** sf]nflu **Lead glass/gloves/lead apron** sf]Joj:yf xgkg[.

-^_ **X-ray** PS:kfh ug{sf7f 8fs?d / kltIff ug{sif 5§f 5§}xgkg[.

-&_ **Radiology** ljefudf hg; fwf0fn] bVg] 7fpEdf **Xray** ljls/0fn:jf:Yodf v/fj c; / kg{;S5 eGg] af/] ;^gf ug[. ;fy} ;^gfdf ue[tl dlxnf tyf afnaflnnf0{cgfjZos ljls/0faf6 aRg cg/fvN ug[.

-v_ /8ofhfhL ;jfsf nflu cfjZos hgzlQm tyf oflotfM
/8ofhfhL ;jfsf nflu cfjZos hgzlQm tyf oflotf bXfo adfihd xgkg5 M-

    -!_ /8ofhfhi6 M- dfGotf kfIt lzIff0f ; ~yfaf6 lrlsT;f zf:qdf :gfts tx ptl0f{u/l /8ofhfhL ljifodf Pd 8l, 8l Pd cf/ 8l , Pkm cf/ ;l cf/ jf ;f]; /x sfif{pQl0f{u/$f] xgkg5 .

    -@_ /8ofhfhL P08 0dhEsf l/kf]6{ /8ofhfhi6x?n] dfq ug{kfpgsf] ;fy} **Radiological Interventional Procedure** x? klg oyf ;Dej /8ofhfhi6n] ug{Joj:yf ldnfpgkg5 .

    -#_ /8ofhfhL ;jfsf nflu cfjZos hgzlQm jf oflotf lgDg adfihd xg' kg5 M

      -S_ **Medical Physicist** M- **Medical Physics** ljifodf **Bsc** jf **Msc** pQl0f{u/f]
      -V_ afofd]l8sn 0Ghlgo/ M- afofd]l8sn 0Ghlgol/Ë ljifodf dfGotf kfIt lzIff0f ; ~yfaf6 :gfts tx pQl0f{u/f] xgkg5 .

-u_ l;lgo/ /]8of}uf]lkms 6}gfhnf]hi6 M- ; DjlGwt ljifodf MSc. Radiography u/L sDtldf :gfts txdf # jif{sfd u/]sf xgk5{.

-3_ /]8of}uf]lfkmLs clwst -/]8ofuf]lkms 6}gfhnf]hi6_ M- lrlsT;f zf:q cWoog ;+yfg jf gkfn ;/sf/af6 dfGotf kfKt cGo ;+yfg o; /]8ofuf]lfkmLs ljifodf -BSc. MIT, Bsc. RT_ :gfts tx pQ0f{{u/]sf] xgkg5{. ; fy} NHPC (Nepal Health Professional Council) df btf{ xgkg5{.

-a_ /]8ofuf]lfkm/ M- lrlsT;f zf:q cWoog ; +yfgaf6 jf gkfn ;/sf/af6 dfGotf kfKt cGo ;+yfgaf6 /]8ofuf]lfkmL laifodf kdf0f kq tx ptl0f u/]sf xgkg5{.

-U_ **Radiation Measurement and Protection** ; DaGwL Joj :yfM

Radiation Protection Jojl:yt ug{/ X-ray Unit x?sf]u0f:t/ gfk ughf0{ rflxg] cfjZos pks/0f v/Lb u/L :jf:Yo dGqfnon] tf}$}f lgsfodf /fVg] / cgUdg tyf lg/LI0fdf k0fl} ug{/ u0f:t/, **Dose Monior** ug{. ljZj :jf:Yo ;+#7gsf dfkb08 cg';f/ sg}sfd ug{JolOmdf radiation sf dose 20 Milisievert per year (WHO) sf] ;g\@))@ sf] dfkb08 cg';f/ blvPdf pkoOm Ifltkl't{sf Joj:Yff ; DalGwt ; +yfn]ldnfpg kg5.

-3_ Ultrasonogram (USG) USG :

-a_ /]8ofhf]hL ; jfsf]nflu Go}gtd pks/0f tyf hgzlOm kjaf/x? M

qm; +	lj j /0f	lSnlgs	@% z0f
!=	PS; /] dlzg	!)) Pd P – !	#)) Pd P – !
@=	PS; /] dlzg kf]6]an - df]af0n_	:jR5s	!)) Pd P — !
#=	cN6fk fp08 dlzg	:jR5s	:jR5s
$=	hgzlOmM-/]8ofhf]hi6	cfļs ; do	cfļs ; do
	l; lgo/ /]8ofulkms 6}gfhnf]hi6		
	/]8ofulkms clwst	!	!
	/]8ofulfkm/	@	@

-r_ :jf:Yo dGqfnosf] :jls[t ljgf Radiology ; DaGwL dlzg gkfndf k7f/L ug{kf0g5gg .

@#= kofuzfnf ; JfM

-!_ kofuzfnf ; Jf ; ~rfngsf nflu kofuzfnfx?sf] :t/, ljefhg / hgzlOm blfyo adflhd xgkg5 M-

-s_ hg/n Kofyf]hf]hLM ofljotfM dfGotf kfKt lzIff0f ; +yfaf6 Pd= lj= lj= P;= jf ; f] ;/x pQ0f{{u/L **MD Path. MRC Path, DCP** jf ; f] ;/x ptl0f{{u/]sf] xgkg5 .

-v_ df0qmafof]nf]hLM ofljotfM dfGotf kfKt lzIff0f ; +yfaf6 **MD Microbiology** pkflw kfKt .

-u_ xdf6fjhfhL M ofJotfM dfGotf kfKt lzIf0f ; +yfaf6 **MD Hameatology** pkfwL kfKt .

-3_ **MD Biochemistry:** ofJotfM dfGotf kfKt lzIf0f ; +yfaf6 **MD Biochemistry** pkflw kfKt .

-ᵃ_ dJ8sn 6$gfjhfjhi6M dfGotf kfKt lzIf0f ; +yfaf6 dJ8sn Nofj 6$gfjhfL lj ifodf :gfts **BMLT** pkfwL kfKt .

ug{kfpg] kl/If0fx?M Histopatholoty, Cytopathology & Bone Marrow Study afx$sf ; jk/LIf0fx? .

-r_ ljzjf1 dJ8sn 6$gfjhfjhi6M dfGotf kfKt lzIf0f ; +yfaf6 dJ8sn Nofj 6$gfjhfL lj ifodf :gftsf0/ pkflw **MMLT** kfKt .

ug{kfpg] kl/If0fx?M

MMLT/M.Sc.Microiology,

MMLT/M.Sc.Haematology,

MMLT/M.Sc.Bio chemistry,

MMLT/M.Sc. Cytology u/$fjX?n] hg lj ifodf cfkln] pkfwL kfKt u/$f 5 ; fjL lj ifodf dfq kpfjuzfnf ; ~rfng u/L lazjf1 ; Jf kbfg ug{kfpg5g .

-5_ Nofj 6$gllzogM dfGotf kfKt lzIf0f ; +yfaf6 ; DalGwt lj ifdf kdff0f kq tx jf ; f] /x ptl0f{.

ug{kfpg] kl/If0fx?M !% zjf ; Ddsf ; /sf/L c:ktfn :t/df kbfg ul/g] kjfjuzfnf ; DaGwL kl/If0f .

-h_ Nofj cl;i6J6 M dfGotf kfKt lzIf0f ; +yfaf6 sDtldf Ps aif{ jf !% dlxgfsf] Nof=c tflnd k/f u/L kdff0f kq kfKt u/$f .

ug{ kfpg] k/LIf0fx?M @% zjf ; Ddsf ; /sf/L c:ktfn :t/df kbfg ul/g] kjfjuzfnf ; DaGwL cfwf/et kl/If0f .

gf$M dfly pNnjvt hgzlStx?n] ofJotf xfl;n u/$f] lj ifosf] kf7\s×sddf pNnjvt ; DalGwt k/LIf0f ug{kfpg5g.\

-@_ pkbkmf -!_ df pNnlvt hgzlQmn] cfkln] kfKt u/$f kdff0fkqsf cfwf/df Joj; fo ug{gkfn ; /sf/ntfj$sf kl/ifbdf btf{ xg' kg$5 .

@$= **kjfjuzfnf ; ~rfng ; DaGwL Go 0gtd dfkb08M** bjfodf pNnj eP adfjhd ; /sf/L :t/df ; ~rflnt kjfjuzfnfx?sf]:t/ cg'; f/sf]dfkb08 lghL Ifjdf ; ~rflnt kjfjuzfnfx?sf]Go 0gtd dfkb08 xg5 M-

-S_ kjfjuzfnfdf sfo{t hgzlQm cg'; f/ bjfodf nJvP adfjhdsf k/LIf0fx? dfq ug{kf05 .

-v_ cfsl:ds ; Jf kbfg ug{ x/$f c:ktfndf zjf cg'; f/sf cfjZos kg] cfsl:ds k/LIf0fx? ugkg5g . cf0 ; L o' ; Jf kbfg ug{ c:ktfnx?df **Blood gas Analyzer** xgkg5g .

-u_ /fli6® hg:jf:Yo koflzfnf jf cGo ;Da4 lgsfoaf6 ;~rfng xg]u0f:t/ lgoGqs ;DaGwL sfoqmddf clgjfo{?kdf efu lngkg5 .

-3_ /fli6® hg :jf:Yo koflzfnfaf6 k7f0g] u0f:t/ ;DaGwL k/LIf0f lgb{?g adfled clgjfo{?kdf ug{kg5 .

-ª_ klo$ sf7fdf koф(t k$sf; / e(6lnzgsf] Joj:yf xgkg5 .

-r_ lahhL / kfglsfifdfJoj:yf xgkg5 .

-5_ koflzfnfnkmfx/ Joj:yfkg gkfn ;/sf/n] tf$$f] dfkb08 cg';f/ u/fxgkg5 .

-h_ koflzfnfdf /ut tfGg] sf7f, ;kmf ug$sf7f, cfsl:ds sf7f, gdgf kl/If0f ug$sf7f / zf{rfnosfclgjfo{Joj:Yff xgkg5 .

-em_ koflzfnfdf cfjZos kg$6]h, s';l{nufotsf cfjZos kmlgf{/x? kof(t dfqfdf xgkg5 .

-`_ koflzfnfdf lazfif1 ;Jf kbfg ubf{cfkmh]hg pkfwL kff(t u/$f]5 ;fKL cg';f/dfq ;Jf ;~rfng ug{kfpg5 .

-6_ koflzfnfsf]l/kf{{kdfl0ft ugsfrfd, zJlfs oflotf Pj+kl/ifbsf]btf{gJj/ pNn]jt :6Df0k jf lk(6sf]kofल pNnVy u/$f]xgkg5 .

kl/R5]b *
cfojॆ tyf j:slNks lrlsT;f ;DaGwL :jf:Yo
; :yfx?sf]dfkb08

-!_ cfojॆ tyf j:slNks lrlsT;f k0ffnL cGtut lghL :t/df :jf:Yo ; :yfsf :yfkgf, ;~rfng tyf :t/f0glt ubf{b}fosf dfkb08x?sf kfngf ugkg5 M-

-S_ cfojॆ :jf:Yo ;Jf M
-!_ cfojॆ lrlsT;f k0ffnL cGtut :jf:Yo ;Jf kbfg ubf{jf lrlsT;f Joj:ffo ubf{;DalGwt laifodf dfGotf kff(t lzIf0f ; :yfaf6 :gfts jf :gtsf}:/ pkflw xfl;n u/L gkfn cfojॆ lrlsT;f kl/ifbdf btf{ePsf xg' kg5 .

gkfn ;/sf/sf jxflnjfnf sdf{L ePdf gkfn ;/sf/sf kj{ :jLs[t lngkg5 .

-@_ k~rsd ;Jf s(bdf ;DalGwt laifodf slDtdf laP=Pd=P; jf ;f];/x pkflw kff(t JolQmaf6 jdg, lj/Ⓡrg, lzr/llj/Ⓡrg, cf:ofkg, cgjf;g jl:t / /Stdf]f0f kofल ugkg{/ pQ/jl:tsf nflu ;DalGwt ljzॆ1af6 ugkg5 .

-#_ cfojॆ c:ktfndf sfd ug sf$f/Lnf0f; qmd0f ;/Iff ;DaGwL cfjZos tflnd lbgkg5 .

-$_ cfojॆ c:ktfn hgzlQmⓇ efⓇts kJf(f/, cflof{-pks/0f / ;Jfsf u0f:t/lotfdf dfq ;:yf lj:tf/ ug{ :jls[tsf nflu dfu ug{/ pkoQmⓇ 7x/ePdf zfvf lj:tf/sf :jls[t lbg ;lsg5 .

-%_ la/fdLsf pkrf/sf l;nl;nfdf cfjZostf cg';f/ ljzif1 lrlsT;s
;dIf jf pkoQm :yfgdf klf0f -/km/_ ug{kg5 .

-^_ /flu lgbfgfy{cfjZos kg{04;=hL=, 0=0=hL, KofyfhfhL, /l8ofhfhL tyf
cGo cfjZos ;jfx? ;ffng ugk(/)f ;DalGwt laifosf hgzlQm / ;f ;DaGwL
efl}ts kj{f(wf/, cfhf/ pks/0f glIt lgodsf kfngf ug{kg5 .

-&_ 0lG6u(h)8 lSnlgks, gl;{ xfd) jf c:ktfn egl :jls[tsf nflu dfu
ePdf sg sg laifo / ;]jf lbg p2Zo /flvPsf xf{ ;]kl{6 pNn) ul/ ;fxL
adflhdsf hgzlQm, cfhf/ pks/0f / efl}ts kj{f(wf/ Joj:yf ugk(g)f .

-*_ cfoj{[b) lrlsT;f ljwfdf :jf:Yo /Iff, /flu lgjf/0f, cflflw blo
sfxi7f(flw, /;flfwsf kfl}f ul/g]lrlsT;f ;]jf, ljgf cfl}flw lb0g];]jf / cfoj{[b)
:jf:Yo ;]jfdf pNn)lvt kj{[;d cGtuf{tsf lg/fUgL ;jf) -hn, jfo;, ob(;/0f, kfly{(
tTjsf]kf{(L_, cllg ;jbg, cEoÌ (Massage), ;Tjfjho lrlsT;f -ofjf{fEof;,
Wofg cflb_ sf dflodaf6 /flusf] /f}yfd jf bl3)hLjgsf nflu ;~rfng ul/g
;+yfx?n] cfoj{[b) :jf:Yosdl}?, efl}ts kj{f(wf/, cfjZos cfhf/ pks/0f /
tfl}sPsf dfkb08 k/f ul/ hg ;}}gfddf ;ffng ePtfklg cfwf/ u(y ;lxt
0g?jf gu/kflnsf gu/sfokflnsfsf] sfofh(oaf6 cgdlt lnP/ dfq ;~rfng ug{
kf0g5 .

-v_ cfoj{[b) lrlsT;f cGt/ut /xg ;jfx?M lrlsT;f ;]jf M
!= /flu pkrf/ -cft{/ ljsf/ kz(dg_
-s_ olQm Jofkf>o lrlsT;f
-v_ ;jdg -cflflw lrlsT;f_
-u_ ;+rfl}g -jdgflb k~rsd zflwg lrlsT;f_

kl/R5) !)
clenY tyf klltjbg ;DaGwL Joj:yf

@^= clenY tyf klbjbgM

-!_ klo$:jf:Yo ; +yfn]klbfg u/)sf ;jfx? kflnsfsf]sfofh(oaf6 kf{t PlssT :jf:Yo
Joj:yfkg ;+gf klffnl) cg';f/ clenY /f}Vg' kg5 . tfl}sPsf] ;dodf cfkml] klbfg
u/)sf ;jfsf] klltjbg kflnsfsf] sfofh(oaf6 kf{t PlssT :jf:Yo ;+gf Joj:yfkg
klffnlsf] 9fFfdf ;DalGwt kflnsfsf] sfofh(odf clgjfo{?kdf kz(ug{kg5 . o;/L
tfl}sP adflhdsf]clenY g/fVg)/ klltjbg kz gug{:jf:Yo ; +yfnf0{0g?jf gu/kflnsf
gu/sfokflnsfsf] sfofh(on] ;rt u/fpg'sf ;fy}cgdlt vf/h ug{;d)t ;Sg5 .

-#_ ; +gf Joj:yfkg ug{sdf{lL/nf0{0g?jf gu/kflnsf gu/sfokflnsfsf] sfofh(oaf6
PlssT :jf:Yo ; +gf Joj:yfkg kflnsf] ;DalGw tflnd lng]Joj:yf u/fpkg5 .
-$_ :jf:Yo ; +yfn]:jf klbg u/)sf lj/fdlx?sf]/flusf]ljj/0f ICD 10 cg';f/ coding
u/L klltjbg ugk(g5 .

-%_ :jf:Yo ; ±yfn]cfkmgf] ; ±yfdf ePsf]h{d tyf d[o;f]36f ljj/0f kfilnt sfg{
adf](hd tf(sPsf]9Ffdf :yfglo kl~hsflwsf/Lnf0{dfl;s ?kdf lbgkg(5 .

-^_ :jf:Yo ; ±yfn]cfkmgf] ; ±yfdf gkfn ; /sf/n] tf$$f] **notifiable diseases** sf
lj/fdL kQf nfu(f]jf z$f nfu(f]v08df jf sg}/fjsf]dxfdf/Lsf]z$f nfud t?(t}0g?jf
gu/kflnsf gu/sfo(flnsfsf]sfof(odf ; r'gf ug{kg(5 .

kl/R5]b !!
; ~rfng cgdlt gjls/0f x(g; Sg]cj:yf / vf/]hl :fDaGwL Joj:yf

-!_ o; lgb(zsfdf cGoq hg; 'S}s'/f nl|vPsf]ePtfklg b(fosf cj:yfdf :jf:Yo ; ±yfsf
;]f ; ~rfng cgdltsf]gjls/0f ul/g(5 M-

-s_ lgoldt jf cfsl:ds cgudg ubf{tf(sPsf u0f:t/ jf k('f(jf/ k'/f gu/L :Jff:Yo ;]f
; ~rfng u/(5f] kf0Pdf,

-v_ kf(/Des jftfj/0flo k/LIf0f df plNnlvt zt(? kfngf gu/sfkf0Pdf,

-u_ c:tfnn]kbfg u/(f ;]fsf(tf(sPsf]9Ffdf clen(g/fv(df, tf(sPsf]9Ff / ; dodf
lgoldt kl(tj(g gu/(f / jflis k'(tj(g; DalGwt kflnsfsf]sfof(odf k(gu/(f,

-3_ :jf:Yo ; ±yfaf6 l; lhf(c:tfnhGo kmf(/d(sf]plrt Joj:Yffkg gu/(f]kf0Pdf,

-a_ dGqfno jf kfb(zs :jf:Yo ; 4ryf jf ; DjlGwt lgsfo jf kflnsfsf]sfof(on]
lbPsf(lgb(zgsf(Nn3g u/(f,

-r_ ejg ; (xtf cg?k ejg lgdf(0f gePsf]jf k'/fgf ejgsf(xsdf tf(sPsf ; doleq
e(Dklo b(i6sf(fn]ejg kflnl/0f gu/(f]gkf0Pdf .

-!_ of]lgb(zsf kf(/De xg cl3 cgdlt kf(t u/L ; ~rfngdf /x(f]:jf:Yo
; ±yfn]; ±yf ; ~rfng ug{g; Sg]hgf0 ; ~rfng cgdlt vf/]hlsf nflu lgj(g lbPdf
0g?jf gu/kflnsf gu/ sfo(flnsfsf]sfof(on]To:tf ; ±yfsf ; ~rfng cgdlt vf/]hl
ug{ ; g(5 .

-@_ u(o sfg(gl lsf(fsnfk u/(f]kf0Pdf 0g?jf gu/kflnsf gu/sfo(flnsfsf]
sfof(on]; DalGwt ;]f lgnDjg jf To:tf ; ±yfsf ; ~rfng cgdlt vf/]hl ug{
; g(5 .

-#_ bkmf @& / @* df tf(sPsf sfo(? pn3g u/(f .

kl/R5] !@

lj lj w

@(= ;]f zNs lgwf{0f ;ldlt ;DaGwL Joj:yfM

-!_ ;j{fwf/0fnf0{plrt dNodf u0f:t/lo :jf:Yo ;]f k¥ofpg]k<f}hgsf nflu :jf:Yo ; +yfn] kbfg ug{jf:Yo ;]fsf] u0f:t/sf cfwf/df To:tf :jf:Yo ; +yfn]lng ;Sg] ;]f zNs;DaGwL dfkb08 lgwf{0f ug{sf nflu 0g?jf gu/flnsf gu/sfo{kflnsfsf] sfof{non] Pp6f ;]f zNs lgwf{0f ;ldlt u7g ug{ / pSt ;ldltsf]l;kmfl/;sf] cfwf/df ;]f zNs lgwf{0f xg{ .

-@_ pkbkmf -!_ sf kf}hgsf nflu ;]f zNs lgwf{0f ;ldltsf] a}s cfjZostf cg';f/ j:g{ .

-#_ ;]f zNs lgwf{0f ;ldltsf] a}s ;DaGwL sfo{lw ;ldlt cfkm}n] lgwf{0f u/] adf}hd xg{ .

#)= dfkb08 tyf cg';Fldf x¥km] 0g?jf gu/flnsf gu/sfkflnsfn] o; lgb{zsfdf plNnlvt dfkb08 tyf cg';Fldx¿ cfjZostf cg';f/ x¥km] / yk36 ug{;Sg{ .

#!= JofVof ug{]clwsf/M o; lgb{zsfdf plNnlvt dfkb08sf s}}kflj wfgsf] sfof{jogdf s}}låljwf pTkGg e0{sfof{jogdf jwf cf0{k/df 0g?jf gu/flnsf gu/sfkflnsfsf] sfof{non] ;f] dfkb08sf] JofVof ug{ .

#@=:jtM cdfGo xg]M o; lgb{zsf n}VPsf s}}s/f krlnt sfg}gsf] s}}Joj:yf;+ aflemPdf aflemPsf] xb;Dd :jtM cdfGo xg{ .

cg';'rL !

kJf\vf/, :yfoL Pj+:t/f]gtL :jls[tsf]k\f]hgsf]nflu cgUdg ;ldlt ;DaGwL Joj:yf
-bkmf @ sf]v08 -s_ ;Fu ;DalGwt_

kflnsf :t/lo

! d};;÷ / d8sn clwst   - ;af]hs
@= Nofa 6:glI;og÷clwst -Ps_   - ;b:o
#= /8oflufkm/÷clwst -Ps_   - ;b:o
$= klAns xIy g;÷clwst -Ps_   - ;b:o
   %= -;a_0lGhlgo/ -l;len_-Ps_   - ;b:o   ^= kflnsfaf6
      dgflgt lj1 -Ps_   - ;b:o
&= hg:jf:Yo clwst   - ;b:o ;lrj

kgZrM kflnsfsf]sfof]hodf ;a};b:ox? gePsf]cj:yfdf lhNnf :jf:Yo÷hg:jf:Yo
sfof]ho tyf lhNnfdf cjl:yt ;/sf/L c:ktfnsf sdf/lx?af6 ;b:o sfod ug{.
gf]M ;ldltn] cfjZostf cg';f/ ;DalGwt ljifosf ljz]f1nf0{;ldtsf ;b:osf?kdf
yk ug{;Sg5.

cg';'rL @
ejg ;DalGwL dfkb08
-bkmf @ sf]v08 -k_ ;Fu ;DalGwt_

<mark>sf7df08f}pkTosf aflx/ lgdf0f ul/g]jf:Yo ;+yfsf xsdf dfkb08df pNnlV ul/Psf eP ;f\L cg';f/ tyf gePsf xsdf bxfosf dfkb08 cg';f/ sfod ul/gkg5 .</mark>

- clwstd ufp08 se/]h - $) kltzt
- **Floor Area Ratio (FAR) - @=%**
- Gofgtd kflsf :yn - hDdf hUufsf @% kltzt
- ejgsf ;f\ Aofs (Set Back) - slDtdf # ld6/ ejgsf rf/}t/
- nf0{ Kng(Light Plane)- ^#=% l8ul

Ejgsf]prf0{   ^^=%)
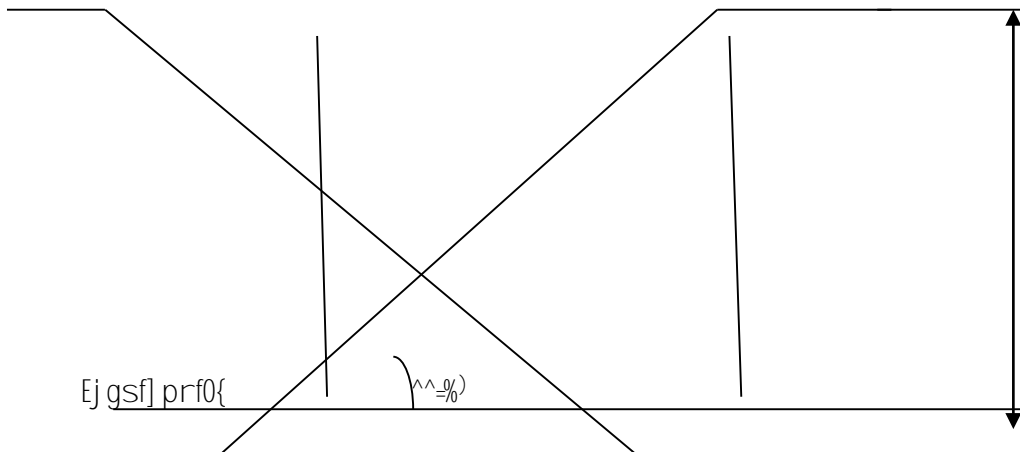
cg';'rÌl #
k]*f(wf/ :jls[tsf]dg;fo kqsf nflu lgj]*bg kmf/fd
- bkmf $ sf]pkbkmf -!_ ; Ĝ ;DalĜwt_

>l ================================= =================================
=================================== .

lgDgfg';f/ k|tfljt c:ktfnsf ;Ħfng tyf kj*f(wf/ :jls[tsfĝdg;fo kqsf nflu
bÝfo cg';f/ sfuhft ;lxt lgj]*bg kmf/fd kĮ u/f$sf 5'÷5f}

lgj]*bg kmf/fdM

sfoĝf/l clwst÷;Ħfng
;ldltsf tkmĮf6

================
================

!= c:tfnsf]gfd M-   zĝf ;Ÿof M-
@= ;fwf/0f ;Ĵf÷ljzĝf1 ;Ĵf jf c:ktfn s]xf]pNnĝ ug{M-
#= c:ktfnsf]7Ĵfgf -kqfrf/ ug{7Ĵfgf_ M-   kflnsf M -
        j8f g÷M-   6fĥ M-
        Ans g÷M-   6ĥnkmĝg M-   dfĥf0n M-   kfĥa÷g÷
        M-
$= c:tfn vfĝg]JolOĝx? -% klĥtzt eĜbf a9l zĝ/ wf/0f ugĭ?sf]dfq_M-   gfd M-
    7Ĵfgf M-   gful/stf gĦ M-
    dfĥf0n g÷M-
    kmĝg g÷M-
%= c:tfnsf nflu cfj:os hĬuf / :jfldTjsf
 -s_ hĬufsf lsĝf, lfĝkmn / :jfldTjsf kĝf/ M
 -v_ lnhdf eP salnotgfdf kĮ ug{M
^=c:tfnsf ljĜlo ;fĴt M-
 -s_ lghl nufgl   -v_ aĥ shf   -u_ ;/sf/l   -3_ cgbfg
;xofĥu
 -ĝ_ uĝ;/sf/l ;÷yfaf6 shf{ln0 ;Ħfng ug{eP ;fĝfĴjj/0f
 -r_ cĜo ljĜlo nufgl M- -:yl/ kĦl nfut_ ?= ===========
                  -s_ ejg tyf hĬufsfĤflu M- ?= ===========
-v_ cfĝf/ pks/0fsfĤflu M- ?= ===========   ljĜlo nufgl -rfn
kĦl nfut_ ?= ===========
                  /fĥuf/ ;Ÿof M-
                  cgdflgt cfĐbfgl M- ?= ==========
cgdflgt dgfkmf M- ========== dfl;s M- ?=
===========qbfl;s M- ?=========== jflifĝ M- ?= ==========
&= bÝfosf ljĝifox? ; dĝt ; dfjĥ ePsf]Jofj;flos sfoĝ(Ĵgf   -s_:jlst ; ÷yfaf6 kĝfg ug
;jfxĝsf ljj/0f M

| lgbfgflÌds ;Jf | kllsf/flÌds ;Jf | pkrf/flÌds ;Jf |

• PS; -/] • cN6f; fp08 • 0G8f]sfkL • 0;lhL, 6ldn • kofluzfnf • ========== • ==========	• vfk • ue[tl, ;Ts/l hfF • kl/jf/ lgofhg • ========== • ========== • ========== • ==========	•　　k|l't tyf :ql/fu •　　hg/n d8l;g •　　hg/n ;lh§n •　　ljz]f1 ;]f M h:t k|l't ;]f, dufhf/fu, :gfo' cfFf, xf8hf8L{ dfgl;s ;]f •　　========== •　　==========

-v_ ;xyfdf koflu xg cfjZos pks/0fx¿sf ljj/0f -;mllg ug _M

-!_ ==
-@_ ==
-#_ ==
-$_ ==

-u_ ;xyfdf ;]f kofpgsf nflu cfjZos kg hgzlQmsf ljj/0f -;mllg ug _M

-!_ ljz]f1 M gfd M	kb M
of]tf M	kf66f0fd M klm6f0fd M
-@_ kfljlws M gfd M	kb M
of]tf M	kf66f0fd M klm6f0fd M
-#_ kzf;lgs M gfd M	kb M
of]tf M	kf66f0fd M klm6f0fd M

gfg M

-!_ ;xyfdf sfo ug kfljlws sdf/flx¿ ;DalGwt kl/ifbdf btf{ ePsf xgg . ;DalGwt kl/ifbsf kdf0f kq clgjfo?kdf k] ugkg6 .

-@_ sdff/fx¿sf of]tfsf kdf0fkq klltlliksf ;fy}sfo{ ugdGh'/Lgfdf ;dt ;mllg xgkg6.

-#_ ;/sf/L sfofnodf sfo{t sdfff/fx¿ ;mllg xg]ePdf gkfn :jf:Yo ;]f P]g, @)%# sf bkmf %(cg';f/sf] :jls[t kq clgjfo?kdf ;mllg xgkg6.

-$_ kfljlws sdfff/fx?n cfklo{ sfo{ugn];o ;xfx?sf ;dt ljj/0f vhfpg]]

cg'; i'L $
:jf:Yo ; +yfsf :yfkgf, ;]f lj:tf/ jf :t/f] glltsf nflu cgdlt kf|Kt ug{lbg
lgj|]lbg kmf/d
-bkmf % sf]pkbkmf -!_ ; 6 ; DalGwt_

!= ; +yfsf gfd M+   zbf ; Wof M+
@=; fwf/0f ;]f÷ljz]}f1 ;]f c:ktfndf s6g xf]pNn]V ug{M+

#= ; +yfsf 7ilfgf -kqfrf/ ug 7ilfgf_ M+
     Kfflnsf   M+   j8f g+ M+   6fjh M+   lhNnf M+
     Jns g+ M+   6]lnkmf]g g= M+

$= ; +yf vfl|g JolOmx? M+   gfd M+   gful/stf g+ M+
     7ilfgf M+   kmfg g+ M+   dfaf0n g+ M+

%= ; +yfsf ljQlo ;f|t M+   s= lghL M+   v= zbf/ shf
     M+   u= ;/sf/L M+
        3= ug} ;/sf/L ; +yfaf6 shf ln0 ;#fng ug eP ; f pNn]V ug M+   ljQlo
nufgl M+-nfut_ ?=
               s= ejg tyf hluufsf nflu M+
          cf]hf/ pks/0f M+   hgzlOm M+   cgdflgt cfDbfgl M+   cfDbfgl   :jbzl M+
       labzl M+   crn ;DklOssf ;f]t M+   cgdflgt dgfkmf M+   dfl;s M+   qdfl;s
        M+
jfllf]s M+

^= gl;f| xf]d tyf lghL c:ktfnsf jul];/0f cg'; f/ kbfg ug{;]fx?sf]laj/0f sg- sg ;]f k}ofpg]xf]<
vhfpg].
  lgbfgfTds ;]f   kl|tsf/fTds ;]f   pkrf/fTds ;]f   cGo ;]f
          PS; -/]   vfk   k|l't tyf :ql/f|u
                               Pd=; Pr lSnlgs kl/jf/   lgofhg
  KofyfhhfhL Nofj   cfxf/ ljxf/   hg/n d]8l;g   cN6k; fp08
hg/n ;lh§n ljzf1 ;]f h:t}M+ 008f]sflkl k}l't ;]f, duhf /fl, ;gof; bGt,
0f; l=; l= 6fdln kofluzfnf
;lh§ ;]f tyf ?hfx/ Joj;fkg
&= ; +yfdf kofli xg]cfjZos dVo pks/0fx?sf]laj/0f tyf ;fl't M+   -s_
           -v_
           -u_
           -3_
           _a_
           -r_
           -5_   -h_
           -em_
*= ; +yfdf ;]f k|0fopg sdf|//lx?sf laj/0f ;DalGwt dfkb08 cg'; f/ M+   -s_ ljzif1 M+
     Gfd   kb

२३

ofJotf   kf66f0d klhn6f0d
-v_ kfljlws M-
gfd   kb
ofJotf   kf66f0d klhn6f0d
-u_ kZf;lgs M-
gfd   kb
ofJotf   kf66f0d klhn6f0d

gf6M

!_ ;DalGwt ;]f cg';f/ lgwfK/t dfkb08x? / kj'fkf/x? k'f ePkZrft dfq ;]f ;Ffng ug{kf0g5 .
@_ pkoUm adfdhd s6lt sdf(f/lx?sf ;+yfdf ;FUg xg)xf] :ki6 pNnY xgkg[.
#_ ;aZNs laj/0f la:t[t ?kdf pNnY xgkg[.
$_ ;+yfdf sfo{ug{kfljlws sdf(f/lx? ;DalGwt kl/ifdof btf{ePsf]xgkg[;DalGwt kl/ifbsf]kdfOfkq clgjfo ?kdf kZ ugkg[.
%_ sdf(f/lx?sfofJotfsfkdfOft klltlnlksf ;fy}sfo{ug[dGh'/lgfdf ;dt ;FUg xgkg[.
^_ gmkfn ;/sf/df sfo({t sdf(f/lx? ;FUg xgePdf gmkfn :jf:Yo ;]f Pg, @)%# sf bkmf %(cg';f/sf :jls[t kq clgjfo{?kdf ;FUg xgkg[.
&_ kfljlws sdf(f/lx?n cfkm6sfo{ug{cGo ;+yfx?sf]dt ljj/0f vhfpg]

gf6M

:jf:Yo ;+yf ;~rfngsf nflu lgjb]g lbbf ;"nUg ugk'g sfuhftx?
!= lgjb]g kmf/d
@= sDkgL btf{;+yf btfsf]kdfO0ft klltnlk
#= ;+yf÷sDkgLsf]ljwfg÷kJGw kq, lgodfjnlsf]klltnlk
$= :yfoL n]yf btf{kdf0f-kqsf klltnlk
%= :yfkgf ug{nflguPsf 7fpFdf c:ktfn cfjZos 5 eGg]DalGwt j8fsfl;kmfl/; kq
^= c:ktfndf sfd ug{hgzlQm ;DaGwL ljj/0f
-s_ afof8f6f
-v_ zlfs ofJotf, tflndsf kdfO0ft klltnlk
-u_ kfljlws sdf(f/lx?n ;DalGwt sfplG;nsf btf{kdfO0f-kqsf klltnlk
-3_ gful/stf kdfOfkqsf klltnlk
-a_ hgzlQmx?sf sfd ug ;do -kf6{6f0d÷klhn 6f0d ls6fg ugkg5_
-r_ d-h'/lgfdf÷salnotgfdf
&= cfhf/ pks/0fsf laj/0f tyf ;'flt
*= ;DkOf{;]f zNs laj/0f
(= efJts ;fdulsf] laj/0f

!)= kf/lDes jftfj/0flo k/LIf0f (IEE) jf jftfj/0flo kefj dNofsg (EIA) :jls[t kqsf klltnkL
!!= c:ktfnsfljj:tt ;e[f0f ;lxtsf] k[tfj
!@= c:ktfnsfcflo{ lgodfjnl
!#= c:ktfnn]ng ;]f zNs ljj/0f / u/la tyf c;xfonf0f{56 lbg] glt
!$= kbfg ul/g ;]fsf ljj/0f
!%= hUuf÷3/sf :jfldTj
!^= 3/÷sf7'f axfndf ln0 ;~rfng ug[eP 3/ axfn ;Demftf-kq / ejg :jf:Yo
;+yf ;Ffng ug /fli6o ejg ;lxtf adfdhd pkoSt 5 eGg];DalGw l;kmfl/z kq
!&= ejgsf :jls[t gS;f
!*= ;+yfsf rn crn ;DkIlQ laj/0f tyf ljQlo ;flt

!(= ;+yfsf sfo{ofhgf (Scheme)

@)= **PAN** df btf{gDj/M
@!= s/ rQmf kdf0f kq -nfuXg]cj:yfdf dfq}
@@= nYfk/LIf0f klltjbg -nfuXg]cj:yfdf dfq}

@#= la/fdL a8fkqsf gdgf

@$= ; DalGwt lgsfosf ejg ; ktf ; DaGwL :jls[t kq

@%= ?= % sf] xhfs l6s6

@^= dNo cleal4 s/ jf cfos/df btf{ePsf] kdf0fkq

@&= ejg lgdf@f ; DkGg kdf0fkq

@*= ; DaGwLt j8fsf] l; kmfl/;

@(= ; DalGwt lgsfoaf6 ejgsf gS;f l8hf0g / lgdf@f /fli6@ ejg ; ktfsf dfkb08 adf}hd ePsf :jls[t kq

cg';'l %

:jf:Yo lSnlgs÷/l8of0fdh^a ;jf÷kfllnlSnlgs ; ~rfng cgdlt dfu ug{gjlbg kmf/dd
-bkmf % sf]pkbkmf -!_ ;F ;DalGwt_

!= ; ÷yfsf gfd M-   zhf ;Vof M-
@= ; ÷yfsf] 7lfgf -kqrf/ ug{7lfgf_ M- kblz M-   kflnsf= M-
   jf8{g÷ M- Ans g÷M-   lhNnf M-   6lnkmfg
g= M-   kflj÷g÷ M-
#= ; ÷yf vfllg JololQmx? M-   gfd M-
gful/stf M-   7lfgf M-   kmfg g÷
M-
$= ; ÷yfsf ljQlo ;fft M-
S= lghl M-   V= zhf/ shf M-   u= jbllzs M-
  3= ul ;/sf/l M-   a= ;fdbflos M-   r= cGo
%= ; ÷yfsf lfdtf tyf la:tt sfo ofhgf M-
  ;Jf kbfg ug lfgx? M
lgbfgflds ;Jf   klltsf/llds ;Jf
pkrf/llds ;Jf
  PS; -/]   vfk
k|l't tyf :qL/flu cN6fk fp08   Pdl;=Pr=
hg/n dl8l;g
          008f]sflL   kl/jf/ lgofhg ;Jf   hg/n
          ;lhshn ljzlf1 0f;l=;l=68dln kflujzfnf   ;Jf h:tl M- cfFF/fgfs,
                              d6; dlufhf :gfo/flu 0fofflb
  cGo ;Jf M- kmfdllL
^= ;Jf zNs =cnu / :ki6;F_ vhfpg]M-
&= ; ÷yfdf ;Jf xg cfjZos pks/0fx?sf laj/0f tyf ;fft M-
*= ; ÷yfdf ;Jf k¥ofpg hgzlQm laj/0f M-
  ;Vof÷ofloltf÷cgej÷kf66f0d÷klln6f0d÷cGo ;ljwf
  ;fdfGo lrlsT;s M-   ljzlf1 lrlsT;s M-
cGo kfljws M- gflf M-
     !_ ;DalGwt ;Jf cg';f/ lgwf{/lt dfkb08x? / k]'fff/x? k/f eP kZrft dfq ;Jf ;rfng ug{
     kf0gg5 .
     @_ pkoQm adflhd s§lt sdfof/lx?sf ; ÷yfdf ;lUg xg xf] :ki6 pNnlV xgkg{ .
     #_ ; ÷yfdf sfo ug sdfof/lx? ;DalGwt kl/ifdf btf{ePsf xgkg{ ;DalGwt kl/ifsf
     kdf0fkqx? clgjfo ?kdf kl ugkg5 .
     $_ sdfof/lx?sffoltsflkdf0ft klltnlkx? ;lUg xgkg5 .
     %_ glkfn ;/sf/df sfo{t sdfof/lx? ;lUg xg ePdf gkfn :jf:Yo ;Jf P]g, @)%# sf bkmf %(cg';f/sf :lks[t kq clgjfo{?kdf ;lUg xgkg .
     ^_ ;DaGwlt j8fsf]l;kmfl/;

cg';'rL ^
:jf:Yo ; :yf :yfkgf tyf gjls/0f cgdlt b:t/
-bkmf * / (sf]pkbkmf -@_ ; ; DalGwt

l;=g	=; yfsf lsl;d =	zNs lgwf/0f 0sf0	:yfkgfsf nflu b:t/ /sd ?	gjls/0f sf nflu b:t/
!	c:ktfn tyf gl;{ xf]d	zof ; Vof	k||t zof ?= $))).-	k||t zof ?= %)).-
@	8folGgf]:6s ; 06/	; Jf k$f/	kllt ; Jf ?= !),))).-	kllt ; Jf ?= !,))).-
#	kflnlSnlgs÷lSnlgs	; Jf k$f/	kllt ; Jf ?= !),))).-	kllt ; Jf ?= !,))).-
$	cfoj] b c:ktfnsf÷ j]slNks IrlsT;f	zof ; Vof	kllt zof ?= @))).-	kllt zof ?= %)).-
%	cfoj] b Snlgls	; Jf k$f/	kllt ; Jf ? %,))).	kllt ; Jf ? %)).

cg';'rL &
:jf:Yo ; :yfaf6 klbfg ul/g] ; Jfsf] lj/fdl a8fkqsf] 9fFf
-bkmf !% pkbkmf -!_ sf]abf -6_ ; ; DalGwt_

l;=g=	zfvf	klbfg ul/g] ; Jfsf] ljj/0f	kllqof	b:t/	nflg] ; do	; Dks{ AolSt	ugf; f] ; Gg] clwsf/L

cg';'rL *
:jf:Yo ; :yfaf6 cfsl:ds ; Jfsf] nflu IrlsT;s tyf :jf:Yoslf{sf] ljj/0fsf] 9fFf
-bkmf !% pkbkmf -!_ sf]abf -y_ ; ; DalGwt_

ldlt M

l;=g+	:jf:Yoslf{sf] gfd	kb	; do	sfkmot

आज्ञाले,

अग्निप्रसाद अधिकारी

प्रमुख प्रशासकीय अधिकृत